



# Bawnmore Community Infant School and Cygnets Pre-School Newsletter



13th February 2026



Dear Parents and Carers,

## Children's Mental Health Week 2026

This year, Children's Mental Health Week focused on the theme 'This Is My Place', encouraging children to think about where they feel they belong, how they create a sense of safety and confidence, and how they can help others feel included. Across the school, pupils explored both the physical and emotional places that help them feel grounded, supported and connected.

Throughout the week, children took part in a wonderful range of activities designed to promote wellbeing, mindfulness, self-expression and community. Across assemblies and class discussions, children thought about how we make Bawnmore a welcoming community. From kind words and teamwork to helping new friends feel included, the children shared fantastic ideas about how to support belonging for everyone. Here's a look at what they got up to!

### Family Movie Night – Exploring Big Feelings Through Film

We kicked off the week with a special Family Movie Night, watching Kung Fu Panda. It was a lovely opportunity for families to relax together and reflect on the deeper messages within the story as it is rich in themes linked to mental health and personal growth. The film is a great way of exploring ideas such as:

- Overcoming insecurity and self-doubt
- Finding inner peace and practising mindfulness
- Letting go of the past
- Understanding identity
- The importance of friendship, support and belonging

### PQA Performing Arts Assembly

On Wednesday, we welcomed Steph, Vice Principal at PQA, who delivered an energetic performing arts assembly. The hall was full of confidence, laughter and creativity as children explored movement, drama and expression. Their enthusiasm was fantastic and every child shone as they danced along to Pharrell Williams' 'Happy'!

### Yoga Day – Finding Calm in Busy Bodies

Thursday brought a peaceful change of pace as Nikki from Bee at One Yoga visited to lead yoga sessions for every class, from Pre-School to Year 2. Children learned breathing techniques, stretches and calming strategies, discovering new ways to relax both body and mind. The sessions were a real highlight- beautifully calm, focussed and uplifting.

### Year Group Highlights

Reception celebrated their uniqueness through beautiful activities inspired by Tom Percival's Big Bright Feelings books, including Perfectly Norman, The River and Billy's Bravery. Children created self-affirmation wreaths, sharing the qualities that make them special.

Year 1 created Self-Love Roses, each petal reflecting something special about themselves. This activity supported children to recognise their strengths and celebrate what makes them unique. The results were joyful, colourful and full of pride.

Year 2 spent time discussing the things that help them feel calm, happy and connected. Their ideas included:

- Getting active and running around
- Spending time outdoors, especially in Forest School
- Reading or relaxing quietly with cushions and soft lighting
- A particularly popular suggestion this week was, unsurprisingly, snuggling the Year 2 pet hamsters!

### Parent Assembly

Parents and Carers joined us for a coffee to learn more about the week. Thank you to all those of you were able to join us- we hope you enjoyed hearing about the week, looking at our work and hearing our lovely singing!

School is closed to pupils on Monday 23rd February for staff training. Staff will be joining colleagues from across the federation at BJS in the morning and then taking part in training on our own site in the afternoon. We look forward to welcoming the children back into school on Tuesday 24th February 2026.

Have a great half-term holiday,  
Pam Davey  
Head of School

# Values Book

Date: 06.02.26

Class	Child's Name	Award	Reason
<b>RD</b>	Samaa	Wonderful Work	For brilliant sentence writing, using a tricky word, finger spaces, full stop and lovely clear letters.
	Luca	Certificate	For such a positive attitude to learning and showing resilience to try even when things are tricky.
	Finley	Values Sticker	For a positive attitude to learning and sharing his fantastic Maths and Phonics knowledge.
	Jonathan	Values Sticker	For becoming more independent and showing pride in his work.
	Fern O	Values Sticker	For being a kind friend to everybody!
<b>RS</b>	Isobel	Wonderful Work	Amazing independent writing about Handa's Surprise.
	Imogen	Certificate	Coming in very well in the morning. Being an all round superstar.
	Jovan	Values Sticker	Trying so hard with his pencil grip and handwriting.
	Harper	Values Sticker	For growing in confidence and helping her friends in active learning time.
	Millie	Values Sticker	For working hard on her independence skills.
<b>1H</b>	Arlo	Wonderful Work	For working so hard on his writing, using neat handwriting and trying hard to apply the correct spellings.
	Freya	Certificate	For being a kind, caring and respectful member our class.
	Jonas	Values Sticker	For being 'always' children. We can always rely on you to follow our school values and rules. You work hard and demonstrate respect towards others and our school environment.
	Aria	Values Sticker	
	Ethan	Values Sticker	
<b>1R</b>	Isla	Wonderful Work	For great progress with developing beautiful handwriting.
	Daniel S	Certificate	For working so hard in all areas, making sure his presentation and spelling are always on point!
	Milan	Values Sticker	For always being ready to help others and taking care of them and the classroom.
	Charlie	Values Sticker	For taking such care with all his work, paying close attention to detail and ensuring it's presented beautifully.
	Tomek	Values Sticker	For a fantastic attitude to learning, and always rising to any challenge. Keep up the hard work!
<b>2K</b>	Mia	Wonderful Work	For a wonderfully presented newspaper report on the Great Fire of London
	Josie	Certificate	For being a responsible role model, looking after our classroom and resources
	Ada	Values Sticker	For working <u>really hard</u> all the time!
	Muaad	Values Sticker	For making great progress in his reading
	Elsie-Rose	Values Sticker	For showing resilience and kindness in all, she does.
<b>2W</b>	Aanish	Wonderful Work	Working incredibly hard on his presentation throughout his newspaper report on the Great Fire of London
	Gia	Certificate	Taking such fantastic care in her presentation in all areas
	Lyla	Values Sticker	For cracking on with some fabulous work this week
	Thea	Values Sticker	For being so gentle when looking after our class hamster
	Max	Values Sticker	Being the most amazing all-round superstar!

## Celebrations

### Attendance Award

Congratulations to 1H, our Attendance Champions this week, with an impressive 99.3% attendance! Well done! Our whole school attendance was 95.2%. A little disappointing but hopefully we'll see improvement after the half-term break.



### Assembly Award

Congratulations to 1H who have been chosen as our Assembly Champions this week.

### Lunchtime Award

Congratulations to 1H who have been chosen as our Lunchtime Winners this week.

### Celebration Assembly

This year, on **Tuesdays** we invite the children to share any certificates, medals or trophies that they have been awarded in the previous week at clubs attended out of school e.g. swimming, gymnastics. Please send these in with your child on a Tuesday morning.

### Barnardo's Warwickshire Children and Family Centres

A coordination of services for families with children and young people aged 0-19 and up to age 25 with SEND

## FOLLOW US ON FACEBOOK!

Our Rugby Children and Family Centres Timetable is full of exciting playgroups, courses, and opportunities, come along, play and have fun!

Follow our Facebook page to stay in the loop and join the fun! We post daily updates on playgroups, clinics, the Walk-in Wardrobe and bigger events lined up.



Scan the QR code or search "Rugby Children and Family Centres" in Facebook search bar.



**BARNARDOS**  
Children's Charities  
Changing Childhoods.

CHILDREN  
& FAMILY  
CENTRE

**TICKETS ON SALE NOW**

**BRICK FESTIVAL**

**LEGO**

**WELCOME TO BRICK FESTIVAL**

**4TH APR**  
COVENTRY BUILDING SOCIETY ARENA

**MORE LEGO THAN YOU CAN DREAM OF**

**COVENTRY BRICK FESTIVAL**

## Puffins

This week, Puffins have taken part in Children's Mental Health Week. The children created their own Colour Monster artwork through straw paint blowing, and they made calming breathing bracelets to support emotional regulation. On Tuesday, we watched Finding Nemo and explored how Nemo might have felt when he was separated from his dad, as well as how supported he was by the friends who helped him along the way to reunite him with his dad. We ended the week on a sweet note by decorating heart-shaped biscuits.



## Extra Curricular Opportunities

Some extra-curricular opportunities are **free to all children**. Children who receive **Pupil Premium funding** may be able to access a paid-for club **free of charge**. Please speak to the **admin team**.

Day	Activity	Led By	Timings	Year Groups	Availability
Monday	Maths in Action	Mrs Holston	3.10pm-4.10pm	By invitation only	
Tuesday	Music Lessons	Rocksteady	8.30am-11am	Reception, Years One and Two	Spaces
Tuesday	Gym	Miss Sprayson	3.10pm-4.10pm	Reception, Years One and Two	Full
Tuesday	Cookery	Miss Bourton	3.10pm-4.10pm	Reception	Spaces
Thursday	Art	Mrs Lear and Mrs Wigginton	3.10pm-4.30pm	Years One and Two	Full
Thursday	Shooting Stars	Mrs Thomas and Miss Sprayson	3.30pm-4.10pm	Years One and Two	Spaces
Friday	Outdoor	Miss Sprayson	3.10pm- 4.10pm	Reception, Years One and Two	Spaces
Friday	Football	DM Coaching	3.10pm-4.30pm	Age 5 and above	Full

## Friends of Bawnmore

### 👉 Penny War Challenge 🏠 here till 20th March



We're officially underway and it's all to play for until **20th March**...

I've shared the bottles above in order of *how full they are as at movie night* 😄 but remember - it all comes down to the **weigh-in after half term**. Anything can happen!

We're **Team 2W** in this house, so I'll be keeping a very close eye on the leaderboard... and yes, Grandad's penny jar may already be under review 😊👀

Keep those coins coming - every penny counts and the prize is calling 🏠👑

### ♻️ Bags2School Collection - Tuesday 24th March

Not escaping on a half-term getaway? Perfect excuse for a mini clear-out 🧹👉

You know the drill... clothes, shoes, bags → bag them up → good karma feels.

👉 We receive **30p for every 1kg collected**

Thanks to your generosity, we have already raised **£123.60** this year ✨

Every bag helps, every kilo counts, and it all goes straight back to supporting the school ❤️

👉 What they *do* & *don't* collect: <https://www.bag2school.com/what-we-collect>

✔ We Collect				✘ We Don't Collect			

Clear cupboards. Raise funds. Harbour good feels 🧹♻️

### 📱 EasyFundraising (For Free!) - £2 Donation Just for Joining the App!

👉 Download the **Easyfundraising app**

📱 Google Play (Android) | 🍏 App Store (Apple) #TeamSamsungThrough&Through

🔍 Search **Bawnmore Infant School Parent Staff Association**

👉 **That's it!** £2 to the school just for joining. No spend. No faff.

🗣️ WhatsApp | [FOB Whats App group](#)

✉️ E mail | [bawnmorefriends@gmail.com](mailto:bawnmorefriends@gmail.com)

Our Calendar is available as a PDF document on MCAS. It is also updated regularly on our website. You can link the website calendar to your phone– never miss an event again! We do our best to ensure the calendar is updated as it changes and changes are shown in red here.

Week	Date	Times	Who	Where	Description
6	Fri 13 <sup>th</sup> February	3.10pm	All		End of half-term
<b>Half Term Holiday</b>					
<b>14<sup>th</sup>- 22<sup>nd</sup> Feb</b>					
1	Mon 23 <sup>rd</sup> February		All		Staff Training Day- School closed to children
1	Tue 24 <sup>th</sup> February	8.45am- 3.10pm	All	Drop off/ pick up from playground	All pupils return to school.
1	Thu 26 <sup>th</sup> February	9.00am- 10.15am	All parents and carers	School Hall	Stay and Play and Parents/ Carers Drop In. Come and have coffee and cake with other parents and carers whilst giving the little ones (0-5years old) a chance to play. This is also a great chance to speak with members of the Senior Leadership Team in an informal setting if you wish to (even if you don't have a 0-5!)
2	w/b 2nd March	During school day	All pupils		FOB Book Swap. Bring in your pre-loved, good condition books and on World Book Day, FOB will facilitate a book swap. Adult volunteers to staff the 'book shop' on World Book would be gratefully received!
2	Tue 3 <sup>rd</sup> March	3.10pm- 4.15pm	All pupils	Pick up from playground	Children can come and join us for some bedtime stories and hot chocolate. Teachers will be reading stories in classrooms to celebrate World Book Day. Children might like to bring their pajamas, a small blanket and small soft toy to snuggle up with. There will be a £2 charge for this event to help us buy new books for our library and class book corners.
2	Thu 5 <sup>th</sup> March	During school day	All pupils		World Book Day. We will be celebrating this event in school in a number of ways. Please send your child to school wearing either non-uniform, pajamas or a costume of your choice.  <a href="https://www.worldbookday.com/dressing-up-ideas/">https://www.worldbookday.com/dressing-up-ideas/</a> has loads of ideas for easy and inexpensive homemade costumes.
2	Fri 6 <sup>th</sup> March	12noon- 12.30pm	School Coun- cil	Mrs Towers' classroom	School Council Meeting
3	Fri 13 <sup>th</sup> March	Cyg + R 2.10pm  Y1+2 2.35pm	All	School Hall	Mother's Day Assembly. Parents and carers are welcome although only 2 adults per child please. This will enable everyone to be able to see the children.  Cygnetts and Reception-2.10 p.m. Years 1 and 2- 2.35 p.m. Children can be taken home following their assembly.
4	w/b 16 <sup>th</sup> March	During school day	All pupils		Neurodiversity Celebration Week. This is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences. It aims to transform how neurodivergent individuals are perceived and supported by recognising the many skills and talents of neurodivergent individuals, while creating more inclusive and equitable cultures that celebrate differences and empower every individual.
4	Fri 20 <sup>th</sup> March	12noon- 12.30pm	School Coun- cil	Mrs Towers' classroom	School Council Meeting
4	Wed 18 <sup>th</sup> March	3.30pm- 6.30pm	Parents and carers	Classrooms	Parents' Evening <b>In person</b> . You will be given the choice to book either a 10 minute in person appointment on this date

4	Fri 20th March	During school day	All pupils		<p>20<sup>th</sup> March is International Day of Happiness, Red Nose Day and the last day of Neurodiversity Week. 21<sup>st</sup> March is World Down Syndrome Day (WSDS). <b>We will be holding a Charity Non-uniform Day. Suggested minimum donation £1 to be split between Down Syndrome International and Red Nose Day.</b></p> <p>Red Nose Day is an annual fundraising campaign by the charity Comic Relief. The event uses comedy and entertainment to raise money to help tackle poverty and injustice in the UK and around the world. Children may like to wear red noses, head boppers etc. with their non-uniform outfit.</p> <p>Odd Socks Day for Down Syndrome is an annual event on World Down Syndrome Day (March 21st), encouraging people to wear brightly colored, mismatched socks to celebrate individuality, promote inclusion, and raise awareness about Down syndrome. Children may therefore like to wear odd socks with their non-uniform outfit.</p> <p>As it is also International Day of Happiness the children will take part in activities which we believe will promote happiness.</p> <p>International Day of Happiness was established by the United Nations General Assembly on 28 June 2012. It aims to make people around the world realise the importance of happiness within their lives.</p>
5	Tue 24 <sup>th</sup> March	3.30pm-6.30pm	Parents and carers	Classrooms/ Online	Parents' Evening <b>In person</b> . You will be given the choice to book either a 10 minute in person appointment on this date <b>or</b> on Wednesday 18 <sup>th</sup> March.
5	Thu 26 <sup>th</sup> March	During school day	All pupils		Go Purple Day. <b>Purple Day</b> is celebrated annually on March 26th to increase awareness about epilepsy and to support those living with the condition. In return for a minimum £1 donation, children will be able to make a purple bracelet to take home. They will also take part in an awareness assembly.
5	TBC	3.15pm-4.30pm 4.45pm-6.00pm	Cygnets and Reception pupils Year One and Year Two pupils	School Hall	<p>School Discos. Adult helpers will be required. More details later on.</p> <p>Cygnets and Reception pupils are invited to attend a disco from 3.15pm-4.30pm. All children attending this disco will need to be accompanied by a designated adult.</p> <p>4.45pm-6.00pm. Year 1 and 2 pupils are then invited to attend their disco without an adult.</p>
5	Fri 27 <sup>th</sup> March	3.10pm	All		End of term
<b>Easter Holidays</b> <b>28<sup>th</sup> March -12th April</b>					

# LEAVE OF ABSENCE DURING TERM TIME

## INFORMATION FOR PARENTS

The Supreme Court has clarified the law on unauthorised leave, including holidays, during term time (Platt v Isle of Wright 2017). The Supreme Court has made clear that attending school 'regularly' means that the children must attend school on every day that they are required to do so. As such, the parents of any child who is absent from school without authorisation for any length of time are likely to be considered as committing an offence under s444 of the Education Act 1996.

The law states a leave of absence may only be granted by a school if an application is made in advance and if it considers there are exceptional circumstances relating to the application.

Schools must judge each application individually considering the specific facts and circumstances and relevant background context behind each request.

A leave of absence is granted entirely at the school's discretion. Generally, a need or desire for a holiday or other absence for the purpose of leisure and recreation would not constitute an exceptional circumstance.

Where a leave of absence is granted, the school will determine the number of days a pupil can be absent from school.

When making an application for Leave of Absence parents are advised to give sufficient information and time to allow the Head teacher the opportunity to consider all the exceptional circumstances and to notify parents of their decision. The school may also request further information on the application and supporting documentation where appropriate.

It is advised that if the resident parent has not received notification or a response regarding the leave of absence application, it is the parents' responsibility to ascertain if the leave is authorised prior to the start of the leave.

The school can only consider Leave of Absence requests which are made by the 'resident' parent ie the parent with whom the child normally resides.

Where applications for leave of absence are made in advance and refused, the child is expected to be in school on the dates set out in the application. If the child is absent during that period, it will be recorded as an unauthorised absence. Where a leave of absence is requested, but additional days taken either prior to or after the request may be considered as part of the leave of absence.

Leave of Absences which are not made in advance cannot be authorised in line with legislation. This will result in the absence being recorded as 'unauthorised'.

All matters of unauthorised absence relating to a Leave of Absence will be referred to the Warwickshire Attendance Service, part of Warwickshire County Council. Penalty Notices are issued in accordance with Warwickshire County Council's Code of Conduct for Penalty Notices and in the first instance, as an alternative to prosecution proceedings.

### Leave of Absence taken in the academic year 2025-26

**The law relating to Penalty Notices changed with effect from 19 August 2024. Therefore, Penalty Notices issued for Leave of Absence taken from September 2024 will be issued in accordance with the updated legislation.**

Penalty Notices are issued to each parent of each absent child, (for example 2 children and 2 parents, means each parent will receive 2 invoices – 4 in total).

First Leave of Absence offence: The Penalty Notice amount of £160 to be paid within 28 days, this is reduced to £80 each child if paid within 21 days.

Second Leave of Absence offence within a 3 year period (from the date of issue of the first penalty notice): The amount of £160 paid within 28 days. No reduced amount.

Payment plans will not be offered and/or payments received outside of the 28 day period will not be accepted. Where a penalty notice expires unpaid the matter will be referred to Warwickshire County Council's Legal Services to consider criminal prosecution.

Third Leave of Absence offence within a 3 year period (from the date of issue of the first penalty notice): A penalty notices will be not be issued and the matter will be referred to Warwickshire County Council's Legal Services to consider instigating criminal prosecution proceedings under S444 of Education Act 1996.

**Your child's progress academically as well as socially is our shared priority.**

## Online Safety Top Tips

### For parents and carers of 3-7s

This Safer Internet Day, we are starting a conversation about how to use AI technology safely and responsibly. Whilst your 3 to 7 year old may not yet be ready to use the internet independently, use our top tips to start good online habits now that will help keep them safe in the future.

#### ■ Enjoy going online together

Spending time online together with family is an important learning experience for the youngest internet users. Not only will you both enjoy the quality time together, but you can supervise their usage and guide them to make the safest choices.

#### ▲ Talk about their online experiences

Help give your child the words to explain what they're experiencing online by starting conversations about the internet and technology as early as possible. Talking regularly about what they love doing online, as well as any worries they may have, will help establish this habit and mean they're more likely to come to you for help as they get older.

#### ● Make use of settings and controls

Parental controls and other safety settings can help protect your child from online harms, including upsetting or inappropriate content. Think about how your child uses technology, for example if you have a smart TV or a voice assistant at home, and explore specific settings to support your household.

#### ◆ Introduce simple ideas about AI technology

You don't need to be a computing expert to start conversations at home about AI. Explaining that a voice assistant is a computer, not a person, or helping your child to understand that not everything they see online is real, is a good start. Encourage them to ask questions about the technology in their lives, and even if you don't know the answers, you can find them out together.

#### ✨ Make sure they know they can always come to you

The most important thing for your child to know is that you are always there to support them, online and offline. Encourage them to talk to you if anything they experience makes them feel worried or upset, and show them they can trust you to stay calm, listen and help make things better.



## Mental Health in Schools Team Tips For Wellness



# Bouncing Back

Bouncing back is all about 'having another go' after we are faced with challenges, this is also called **resilience!** There are times when things will not go how we planned, so being resilient will help us keep going and try again. We can all develop our ability to bounce back, so it is important to maintain a growth mindset and practise this skill by trying the following tips:

### Our tips for bouncing back:

1. Watch this short video introducing resilience and 'bouncebackability'. Scan the QR code to load the video and other lesson resources:



*Young Minds resources*

2. Practise **problem solving** as a strategy to overcome practical difficulties and help you bounce back! Follow the steps below, you may want to write the answers down to help you:

1. What is the problem?
2. How does it make you feel?
3. What are the possible solutions?
4. What are the positives and negatives of each solution?
5. Select the best solution and make a plan to try out!

3. Think about a time when you have faced a challenge in the past...how did you overcome it? Would you do anything differently if you came across the same challenge again? You could discuss this with a friend to share ideas.

4. Build your **support network**. Having people that you trust around you through difficult times can help you to bounce back! Try to share how you are feeling with friends, family, teachers and other trusted adults in your life. You can also contact the services below if you struggle talking to people you know:



*Young Minds*

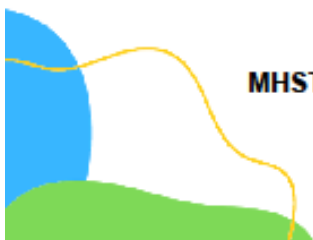


*Samaritans*

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

**MHST are available to support you and your school throughout the school year including term time and school holidays.**

**Please contact your school's Mental Health Lead for information and advice.**



# WEEKEND PERFORMING ARTS CLASSES.

## AGES 4-18

**PGA RUGBY**  
Rugby College, CV21 1AR

**PAULINE QUIRKE ACADEMY**  
OF PERFORMING ARTS

TRY A FULL SESSION FOR FREE!

BE YOURSELF BE AMAZING.

# ROAR! CHEER CAMPS

## CHEER & TUMBLE

16TH, 17TH & 18TH FEBRUARY  
HARRIS SPORTS CENTRE

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**WHY JOIN?**

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- SKILL-BUILDING.
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- BUILD STRENGTH
- LEARN HOW TO TUMBLE
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CHEERLEADING, TUMBLES AND ACTIVITIES FOR AGES 5-11!

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## February Holiday Course

Abbots Farm Community Infant School

16th February - 20th February - 9:00am - 3:00pm

**£22 A Day**

Fun, Safe Learning Environment For Primary School Aged Children

Half Price For Siblings When Booking Full Week

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# ATTENTION PARENTS!

BRAND NEW CLASSES LAUNCHING NOW IN RUGBY!

MATT FIDDES RUGBY | RUGBY FREE SECONDARY SCHOOL SPORTS HALL | ANDERSON AVE | WEST MIDLANDS | CV22 5PE

**MONDAY MIGHTY MATTS**  
3 - 6 YEARS / 17:30 - 18:15

**FAMILY CLASS**  
7+ YEARS / 18:30 - 19:30

**BOOK YOUR FREE TRIAL NOW!**

AWARD WINNING PROGRAMS (AS SEEN ON TV)

Our award winning MIGHTY MATT'S programme is specifically designed to help teach 3 to 6 year olds the important qualities of Respect, Discipline, Self control and Confidence. They will also learn great character and self-defence skills.

Our FAMILY programme works hand in hand with a Child's school work, providing many benefits. Through dedicated intense work our students are taught that all worthwhile goals in life are possible.

Our award winning children's programme is specifically designed to help teach children the important qualities of Respect, Discipline, Self control and Confidence. They will also learn great character and self-defence skills

[WWW.MATTFIDDES.COM](http://WWW.MATTFIDDES.COM)

FREE TRIAL | FREE UNIFORM | MONEY BACK GUARANTEED