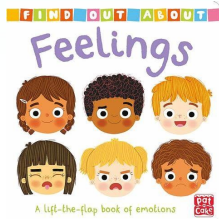


Beginning of the Year

How do I feel?



Key Texts



Communication and Language

- Understand a question or instruction which involves two parts. For example; Get your coat and put it on.

Physical Development

- Use large muscle movements to wave flags and streamers, and make marks; painting/drawing on a large scale.

Wow Event



Impact - Outcomes

- Introducing the Zones of Regulation
- Expressing emotions through movement, facial expressions and music
- Circle games
- Creating Colour Monsters
- Write Dance
- Collaging
- Learning The Colour Monster song
- Sharing likes and dislikes
- Listening games

PSED

- Talk about feelings, using words like “happy” “sad” and “angry”.

Expressive Arts and Design

- Listen with increased attention to the sounds around us.

Maths

- Show finger numbers up to 5.

What are the Zones of Regulation?

Implementation

Key REACH Principle:
Emotionally Literate

What makes us feel different emotions?

We show **care** through beginning to develop our positive learning behaviours and familiarity with routines.

We show **co-operation** through creating collaborative artwork.

We show **forgiveness** by trying to understand others' actions.

We show **respect** by thinking about the feelings of others.

We show **honesty** through identifying our feelings.

We show **resilience** by starting to use strategies to regulate our emotions.

Literacy

- To enjoy listening to stories.

Vocabulary

Feelings, emotions, green zone, ready, happy, calm, blue zone, sad, sleepy, tired, red zone, angry, annoyed, yellow, excited, black, scared, afraid, worried, pink, loved.

Outdoor Learning

Understanding the World

- Explore different materials freely.

- Listening walks
- Colour Hunts

Intent Objectives and values